Teen Vaping Interview Discussion Guide Total time: Not more than 50-60 minutes Bishop 2019

I. Introduction (5 minutes):

- Who I am, what I do
- The purpose of the interview (broadly, to better understand the problem and because the best solutions are found when all the people involved participate in the process)
- Review confidentiality, anonymity, risks and benefits
- Encourage open, honest exchange

II. Get to know participant (5 minutes):

- Conversation will depend on respondent age, activities
- Communication preferences (verbal vs. written, on-line, in person, social media)
- (If teen respondent) Questions about family structure (who do you live with (are siblings younger or older)? both parents live with you? Parents' professions, dedicated family time, comfort with discussing "sensitive topics"

III. More focused questions for teens (15 minutes):

"Now let's talk about what your homelife is like"

- Does anyone smoke at home? If yes, have they ever tried to quit?
- Tell me about mealtime in your house
- Are there times each week reserved for family activities?
- Do you have a curfew?
- Are you allowed to play video games at home? Are there any special rules? Do you ever break those rules? How? When?

 How do you usually communicate with your friends? What do you spend most of your time talking about?

Challenges of the teen years (all respondents)

- What is the strongest influence on the activities that teens choose to participate in? If needed, offer the following prompts:
 - Risk-taking behaviors
 - Need to belong/Peer pressure
 - Autonomy (maturity) vs. dependence

Communicating with teens

- What is unique about communicating effectively with teens?
- How might adults communicate effectively with teens? Can you think of some examples?
- (If teen respondent) Of the adults you know, who would you be most likely to confide in if you were worried about your health? Why?
- If a close friend was in trouble, who would you turn to? Why?

IV. Specific questions about Vaping (20 minutes): INDUCEMENT/APPEAL TO TEENS

- Do you know anyone who vapes? If yes, is it a family member?
- Why do you think teens are attracted to vaping?
- Can you think of an activity or trend that you would say is similar? Why?

FACTUAL KNOWLEDGE (Base on discussion)

• What's the first thing that comes to mind when I mention vaping?

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- Where do you get most of your information about e-cigarettes?
- When did you first learn about vaping? How?
- How many brands of e-cigarettes can you name?
- What's the difference between regular cigarettes and e-cigarettes?
- Why do most people use e-cigs? Are the reasons the same for adults and teens?
- What is the key message conveyed by advertisers about e-cigs?
- What's the key message conveyed by healthcare community about e-cigs?

USER DATA (Obtaining e-cigs/Frequency/Habits)

- How do most teens/(you or your friends) get ecigarettes?
- How old is the average user of e-cigarettes?
- How frequently does the average user vape?
- Where do teens vape most often? Anywhere else? (Do they mention the classroom?)

RISKS

- What are the risks associated with vaping?
- (If teen respondent) Have you talked about teen vaping in school? When, where, with whom?
- Should the risks of vaping be stressed more? If yes, how might that be done?
- How well do you think teens understand the risks? How about parents? Doctors?

PREVENTION/HABIT-BREAKING

• Do you think vaping is here to stay? Why?

- Are e-cigarettes more, less, or about as addictive as regular cigarettes?
- How might we decrease e-cig use in teens?
- Who should be leading prevention activities?
- Who would you choose for a spokesperson for an anti-vaping campaign? Why?

V. Wrap up (5 minutes):

- Is there anything else you think I should know about teen e-cigarette use?
- Is there anything else you'd like to add?
- If there is anything else you feel I should know, here's how to contact me